

**Course Code:** PSY5103-8

**Course Start Date:** 04/17/2017

**Section:** Introduction to APA Standards and State Regulations

**Week:** 4

**Activity:** Demonstrate Competence in Techniques

**Activity Due Date:** 05/14/2017

### **Activity Description**

#### **Warm-Up Activity 4.1: Review APA Code of Ethics**

This week, review Standard 7: Education and Training of the APA Code of Ethics.

#### **Warm-Up Activity 4.2: Ethical Decision-Making Processes**

Multiple ethical decision-making models have been proposed in various disciplines and even within disciplines such as psychology. The common denominator among these models is that each represent a step-by-step process to assist in our thinking logically and critically when faced with an ethical challenge. Several of the most common models are listed below and under your weekly resources:

- PLUS: The Decision Making Process.
- Fisher, M.A. (2015). Ethical Decision-Making Model. The Center for Ethical Practice.
- Josephson Institute of Ethics. (1999). An Ethical Decision-Making Model.

### **Assignment**

For this task, imagine that you would like to incorporate one of the following into your practice: (1) Eye Movement Desensitization and Reprocessing Therapy (2) Motivational Interviewing (3) Assessment for Learning Disabilities or (4) Dialectical Behavior Therapy. Using information based on the APA Standards on Competence and incorporating discussions of the issues from at least three articles found in academic or similar journals, write a paper that discusses what you would need to do to demonstrate competence in one of these techniques.

For an example of the type of article you may consider using, review the following:

Stevens, P. (2000). Practicing within our competence: New techniques create new dilemmas. The Family Journal, 8(3), 278-280.  
doi:10.1177/1066480700083011 <http://tfj.sagepub.com.proxy1.ncu.edu/content/8/3/278>

Length: 3-4 pages

References: a minimum of 3 resources

Your assignment should demonstrate thoughtful consideration of the ideas and concepts presented in the course by providing new thoughts and insights relating directly to this topic. Your response should reflect scholarly writing and current APA standards where appropriate. Be sure to adhere to Northcentral University's Academic Integrity Policy.

Upload your assignment using the Upload Assignment button below.

### **Learning Outcomes**

- 1.0 Assess ethical principles, including the APA Code of Ethics for practice in the caregiving professions.
- 2.0 Formulate a process for analyzing and solving ethical dilemmas and issues.
- 3.0 Examine the ambiguity in ethical guidelines and the need for personal deliberation and consultation in solving ethical dilemmas.
- 4.0 Evaluate personal values and how they impact professional behavior.
- 5.0 Assess the need for sensitivity to multicultural and diverse clientele.

### **Resources**

| Books                                                                              |                       |
|------------------------------------------------------------------------------------|-----------------------|
| Reference                                                                          | Instruction           |
| Fisher, C. B. (2016) Decoding the ethics code: A practical guide for psychologists | Read Chapters 4 and 5 |

### **Articles**

| Reference                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | Instruction  |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|
| Barnett, J. E., & Molzon, C. H. (2014). Clinical supervision of psychotherapy: Essential ethics issues for supervisors and supervisees. <i>Journal of Clinical Psychology</i> , 70(11), 1051-1061. doi:10.1002/jclp.22126<br><a href="http://proxy1.ncu.edu/login?url=http://search.ebscohost.com/login.aspx?direct=true&amp;db=ehh&amp;AN=98882558&amp;site=eds-live">http://proxy1.ncu.edu/login?url=http://search.ebscohost.com/login.aspx?direct=true&amp;db=ehh&amp;AN=98882558&amp;site=eds-live</a>                    | Read article |
| Gonsalvez, C. C., & Crowe, T. P. (2014). Evaluation of psychology practitioner competence in clinical supervision. <i>American Journal of Psychotherapy</i> , 68(2), 177-193.<br><a href="http://proxy1.ncu.edu/login?url=http://search.ebscohost.com/login.aspx?direct=true&amp;db=ofs&amp;AN=97373087&amp;site=eds-live">http://proxy1.ncu.edu/login?url=http://search.ebscohost.com/login.aspx?direct=true&amp;db=ofs&amp;AN=97373087&amp;site=eds-live</a>                                                                | Read article |
| Guidelines for Clinical Supervision in Health Service Psychology. (2015). <i>American Psychologist</i> , 70(1), 33-46. doi:10.1037/a0038112<br><a href="http://proxy1.ncu.edu/login?url=http://search.ebscohost.com/login.aspx?direct=true&amp;db=bth&amp;AN=100570789&amp;site=eds-live">http://proxy1.ncu.edu/login?url=http://search.ebscohost.com/login.aspx?direct=true&amp;db=bth&amp;AN=100570789&amp;site=eds-live</a>                                                                                                | Read article |
| Pettifor, J., Sinclair, C., & Falender, C. A. (2014). Ethical supervision: Harmonizing rules and ideals in a globalizing world. <i>Training and Education in Professional Psychology</i> , 8(4), 201-210. doi:10.1037/tep0000046<br><a href="http://proxy1.ncu.edu/login?url=http://search.ebscohost.com/login.aspx?direct=true&amp;db=pdh&amp;AN=2014-21939-001&amp;site=eds-live">http://proxy1.ncu.edu/login?url=http://search.ebscohost.com/login.aspx?direct=true&amp;db=pdh&amp;AN=2014-21939-001&amp;site=eds-live</a> | Read article |
| Thomas, J. T. (2014). Disciplinary supervision following ethics complaints: Goals, tasks, and ethical dimensions. <i>Journal of Clinical Psychology</i> , 70(11), 1104-1114. doi:10.1002/jclp.22131<br><a href="http://proxy1.ncu.edu/login?url=http://search.ebscohost.com/login.aspx?direct=true&amp;db=ehh&amp;AN=98882562&amp;site=eds-live">http://proxy1.ncu.edu/login?url=http://search.ebscohost.com/login.aspx?direct=true&amp;db=ehh&amp;AN=98882562&amp;site=eds-live</a>                                          | Read article |

| Websites                                                                                                                                                                                                                                                                                                                                |                |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| Reference                                                                                                                                                                                                                                                                                                                               | Instruction    |
| American Psychological Association. (2010). APA Ethical Principles of Psychologists and Code of Conduct with the 2010 Amendments, Washington, D.C.<br><a href="http://www.apa.org/ethics/code/index.aspx">http://www.apa.org/ethics/code/index.aspx</a>                                                                                 | Review website |
| Fisher, M.A. (2015). Ethical Decision-Making Model. The Center for Ethical Practice.<br><a href="http://www.centerforethicalpractice.org/publications/models-mary-alice-fisher-phd/ethical-decision-making-model/">http://www.centerforethicalpractice.org/publications/models-mary-alice-fisher-phd/ethical-decision-making-model/</a> | Review website |
| Josephson Institute of Ethics. (1999). An Ethical Decision-Making Model.<br><a href="http://www.ethicsscoreboard.com/rb_5step.html">http://www.ethicsscoreboard.com/rb_5step.html</a>                                                                                                                                                   | Review website |
| The PLUS Decision Making Model. (n.d.). The Ethics Resource Center.<br><a href="http://www.burtbertram.com/teaching/ethics/Article_02-PLUS_DecisionMakingModel.pdf">http://www.burtbertram.com/teaching/ethics/Article_02-PLUS_DecisionMakingModel.pdf</a>                                                                              | Review website |
| The PLUS Ethical Decision Making Model. (n.d.). Ethics & Compliance Initiative.<br><a href="https://www.ethics.org/resources/free-toolkit/decision-making-model">https://www.ethics.org/resources/free-toolkit/decision-making-model</a>                                                                                                | Review website |

| Document/Other                                                                               |                 |
|----------------------------------------------------------------------------------------------|-----------------|
| Reference                                                                                    | Instruction     |
| Academic Integrity Checklist - Best Practices<br>PSY5103-8-Academic-Integrity-Checklist.docx | Review document |